

Patient Symptom Questionnaire for Jaw Joint or Facial Muscle Problems:

Patient Name: _____ Date _____

How frequently does clicking or popping or jumping of the jaw joints occur?

- 0 Never
- 1 Quite rarely
- 2 Occasionally, or occasionally on extreme jaw movements
- 3 Intermittently or periods of clicking
- 4 Almost every time I chew, bite or open the jaws wide.

How much does clicking popping or cracking in the jaw joints disturb the action of your jaws?

- 0 No clicking occurs
- 1 I am aware of clicking but it does not affect jaw function
- 2 It is sometimes difficult, painful, to complete some jaw movements
- 3 I have to work my jaw around a sticking position. Mechanically I cannot complete some jaw movements
- 4 Clicking has disappeared or is less but I cannot open the jaw so wide now.

In the current episode of your problem, does the jaw lock so that you cannot open very far?

- 0 Never
- 1 Occasionally sticks but I can work my jaw around it.
- 2 Occasionally locks for a period.
- 3 Is continuously locked.

How does the PAIN component of your problem currently affect your jaw activity?

- 0 No real pain
- 1 I can live with it
- 2 Continual annoyance & worrisome
- 3 May temporarily halt ongoing activity
- 4 Severely limits jaw use or movement

Has your problem affected your chewing?

- 0 No problem chewing
- 1 Some or occasional difficulty chewing
- 2 Have to avoid some types or sizes of food
- 3 Have to support the jaw to eat, or have to severely limit jaw movement
- 4 Cannot eat sufficiently

Do you currently suffer from headaches?

- 0 No
- 1 One or two episodes per month
- 2 One or two episodes per week
- 3 Daily or almost daily episodes

How much does your current problem affect you at work?

- 0 No effect on work ability or output
- 1 Continually disturbs my concentration
- 2 Upsets my ability to work ability, quality or my work output
- 3 Am unable to work

How much does your problem currently affect social relationships?

- 0 Not at all
- 1 Family and friends are aware of my problem
- 2 Causes occasional upsets and/or spoils or modifies my plans
- 3 I sometimes have to plan my life around my problem.